



My Health Record is an online summary of your key health information. Over time, My Health Record will bring together health information such as medical conditions, medicines, allergies and test results in one place.

### Personally controlled

- ✔ It's your choice who sees your My Health Record and what's in it. You can choose to share your information with the healthcare providers involved in your care. By allowing them to upload, view and share documents in your My Health Record, they will have a more detailed picture with which to make decisions, diagnose and provide treatment.

### A convenient snapshot of your health

- ✔ When your healthcare provider uses your My Health Record, it means you don't need to remember and repeat your medical story, such as your prescriptions or the names of tests you've had. It also helps you keep track of your children's health, immunisations and any medical tests.

### Access to your key health information in an emergency

- ✔ In a medical emergency, healthcare providers connected to the My Health Record system can see your health information such as allergies, medicines and immunisations. This helps them to provide you with the best possible treatment and care.

### A secure system

- ✔ My Health Record has various safeguards in place to protect your information, including secure login, firewalls and encryption.